

Maxim 54% Protein Bar

- Orange flavour (milk chocolate coated)

Contains 43 g protein per bar

Maxim's 80 gram 54% Protein Bar has a high protein content. One bar contains no less than 43 grams of protein. The bar is therefore very suitable for those who wish a large amount of protein after hard (strength) training.

During training your muscles are working hard and when finished, your body needs to produce amino acids to repair your exhausted muscles. However, the reserves from which your body takes these amino acids is in those same muscles. If you feed your muscles with proteins immediately after exercise you help them regain strength quickly.

54% Protein Bar works best if taken immediately after exercise when the proteins will be absorbed more efficiently.

Maxim Recovery Bar refills your reserves after training



How to use

After exercise

To profit most from an optimal uptake, eat a 54% Protein Bar within one hour after exercise. The nutrients are then most efficiently absorbed.

The bar can also be used as a protein-rich snack during the day.

Ingredients

milk protein, gelatine hydrolysate, unsweetened chocolate compound (18,8% - cocoa butter, milk protein, low fat cocoa, emulsifier: soy lecithin), humectant (glycerol), soy protein, soy granules, bulking agent (polydextrose), vegetable fat, low fat cocoa (2,3%), flavouring, emulsifier (soy lecithin), sweetener (sucralose). Milk chocolate contains: cocoa solids 35% minimum, milk solids 14% minimum.



Nutritional Value	Per 100g	Per bar (60 g)
Energy	1702 kJ/405 kcal	1361 kJ/324 kcal
Protein	53,6 g	42,9 g
Carbohydrates	13,4 g	10,7 g
- of which sugars	1,0 g	0,8 g
Fat	16,7 g	13,3 g
- of which saturated fat	9,1 g	7,3 g
Fibre	2,3 g	1,8 g
Sodium	0,15 g	0,12 g

Allergens

Present:

Milk protein, lactose, soy protein, soy lecithin, shellfish and crustaceans, cocoa, sulphite (< 10ppm).

Insufficient information available:

Maize, legumes and pulses, nuts.

This product is manufactured in a facility that is working with a big variety of different raw materials, including wheat, gluten, milk, soy, nut, peanut and sesame.